



Grace Koch <grace@hh-ra.org>

Listening to young farmers, Rural health disparities, and HHRA scientists in The Guardian

1 message

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““Every act of generosity counts.”

-GivingTuesday.org

As a follower of the work of Heartland Health Research Alliance, we hope you will join the global giving community this Tuesday, November 30th by making charitable gifts to your favorite organizations doing important work to help people and the planet.

INSPIRING THE HEARTLAND STUDY

Back in 2018, [Dr. Paul Winchester](#), a Heartland Study Principal Investigator, led a study in Indiana focused on the impacts of prenatal glyphosate exposures on pregnancy, childbirth, and infant health. Over 90% of pregnant women in this study had glyphosate in their bodies. Babies born to women more heavily exposed to glyphosate were delivered earlier than less-exposed women. This was one of the first published studies linking rising exposures to an adverse birth outcome. Further exploring and confirming this important finding is a core goal of today's Heartland Study.

Find out more about the study [here](#).

HEARTLAND STORIES RADIO AND PODCAST: SOPHIE ACKOFF

Named “one of 25 leaders in food and agriculture to watch,” Sophie Ackoff is inspiring a new generation of young farmers to push for needed policy change and equitable access to careers in food and farming. As Co-Executive Director of the National Young Farmers Coalition, learn from Sophie about the issues impacting ag youth and ongoing efforts to mobilize support for novel ways to provide young farmers a realistic pathway into the profession.

Listen to the episode [here](#).

FROM OUR RESEARCH ALLIANCE AND BEYOND

GIVING TUESDAY

This worldwide philanthropic campaign on November 30 celebrates and supports the work of non-profit organizations. Please consider donating to HHRA this Giving Tuesday to ensure our projects have access to the funding and science resources needed for essential testing and clinical research. Your contribution will help us assure that sound, credible science will guide badly needed changes in how food is grown and weeds managed – especially in the 13-state Midwest region that is the focus of The Heartland Study.

Donate [here](#).

SIDE EFFECTS OF RURAL LIVING

November 18 was National Rural Health Day, with this year's theme focused on health equity in rural communities. Almost all clinical research takes place in urban research hospitals. As a result, the unique health challenges and risk drivers that are part of rural life, and especially life on farms and ranches, are off the radar screen. Recognition of rural health disparities and the factors driving them is an important part of HHRA's current and future research.

Read the blog [here](#).

DO YOU KNOW...?

Our Alliance works at the intersection of science, culture, and the arts. Test your knowledge about what shapes our world!

Q: Which Heartland state produces the most cranberries in the US?

Find the answer [here](#).

RECOMMENDED READING

THE GUARDIAN ON THE ESSENTIAL BUT DISPOSABLE MEATPACKING PLANT WORKER

Our Alliance is comprised of scientists, doctors, advocates, policy experts and community organizers working to address the ways that food and farming are undermining public and planetary health. HHRA science advisory board member and epidemiologist Dr. Melissa Perry recently provided expert testimony on behalf of Jose Tovar, a Texas meatpacking worker who contracted Covid in 2020 from a co-worker, as they stood shoulder-to-shoulder cutting up steaks on

the line. Citing systemic safety concerns at the plant as a contributor to the spread of the disease, the case became a “rare win for workers.”

Read more [here](#).

WE COULDN'T DO IT WITHOUT YOU!

We're working hard to provide scientifically-grounded answers to questions about pesticide exposure and public health. Want to help support our science? A \$100 donation pays for the lab costs to test one urine sample for glyphosate, while \$2,000 covers the cost of enrolling a new mother-infant pair in The Heartland Study.

Any amount helps, click here to support our work.

Sign Up For Our Newsletter

CONTACT US

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