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Heartland Study in the News, HHRA at the Public Health Conference of Iowa, and Celebrating Sustainable Ag Pioneer Fred Kirschenmann

1 message

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"I have been trying to bring together farmers and the public health community in Iowa for my whole career and tonight it finally happened."

-Attendee at HHRA's Food and Farming for Health Reception at the Public Health Conference of Iowa in early May

GROWING OUR WORK IN INDIANA

Our great team at the Indiana University School of Medicine is hard at work recruiting mothers and fathers into [The Heartland Study](#). We have now surpassed 200 Mother-Infant pair enrollments! And, Dr. David Haas, Co-Principal Investigator for the Heartland Study, has just accepted a new position as the Medical Director for Statewide Research Indiana and will be working with IU health facilities around the state to help us reach more rural women. Plus Dr. Haas and study coordinator Kathleen Flannery recently had the chance to write a guest story for new environmental news site The New Lede.

Check it out their article [here](#).

HEARTLAND STORIES RADIO AND PODCAST: LARRY JACOBS

Larry Jacobs is s an organic farming pioneer, best known for starting Jacobs Farm del Cabo. This farm not only produces and markets cherry tomatoes, basil, cucumbers, squashes, peas, onions, mangos and other fruits and vegetables, but is also a collective for social change and sustainability. By teaching organic growing practices and providing funding, management and organizational training, Jacobs Farm connects over 1,200 family farms in Mexico with North American consumers. This brings economic opportunities to families in forty-four communities to realize their goal of "healthy soils, healthy plants, healthy people."

Listen to the episode [here](#).

FROM OUR RESEARCH ALLIANCE AND BEYOND

HHRA GOES TO IOWA

We recently had the chance to take the show on the road to attend the Public Health Conference of Iowa, where HHRA was honored to serve as the Keynote Sponsor. We had lots of visitors to the HHRA booth and

our breakout session with ED Charles Benbrook and Board Member Audrey Tran Lam was well attended. Our team also had the chance to celebrate lowan and sustainable ag pioneer Fred Kirschenmann at an evening reception in his honor where we brought together local farmers and public health professionals. The enthusiasm from both disciplines to merge ideas, stories, and practices was inspiring!

Read our conference blog [here](#).

NEW STUDY HIGHLIGHTS ENVIRONMENTAL JUSTICE

Exposure to pesticides is also often an environmental justice issue. A recently published study revealed that people of color face higher pesticide exposure rates and increased likelihood of health-related risks in both rural and urban settings. The analysis of CDC and EPA data and current pesticide research highlights issues with regulation, farmworker protections, and public health.

Read HHRA's take on the issue [here](#).

RECOMMENDED READING

SOME WISE WORDS FROM FRED

It seemed appropriate to feature one of Fred Kirschenmann's books this time around. Published in 2011, *Cultivating an Ecological Conscience: Essays from a Farmer Philosopher* is a collection of Fred's essential writings on farming, philosophy, and sustainability. He shares valuable insights about the agricultural challenges facing the modern world and the necessity of achieving ecologically sound and responsible stewardship of the land.

Read more [here](#).

WE COULDN'T DO IT WITHOUT YOU!

We're working hard to provide scientifically-grounded answers to questions about pesticide exposure and public health. Want to help support our science? A \$100 donation pays for the lab costs to test one urine sample for glyphosate, while \$2,000 covers the cost of enrolling a new mother-infant pair in The Heartland Study.

Any amount helps, click here to support our work.

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